

Zexi Zhou

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RESEARCH INTERESTS

- Daily stress and adaptive processes for healthy aging
- Emerging technology and health across the lifespan
- Family relationships across generations and contexts

PROFESSIONAL POSITIONS

Assistant Professor, Department of Psychology University of Victoria, BC, Canada	2026–present
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EDUCATION

Ph.D. in Human Development and Family Sciences The University of Texas at Austin, TX, United States • Portfolio in Aging and Health • Portfolio in Applied Statistical Modeling	2021–2026
M.A. in Human Development and Family Sciences The University of Texas at Austin, TX, United States	2021–2023
M.A. in Psychology Fudan University, Shanghai, China	2017–2020
B.S. in Psychology Fudan University, Shanghai, China	2013–2017

AWARDS AND HONORS

Professional Awards and Honors

Anne Anastasi General Psychology Graduate Student Research Award, American Psychological Association Division 1	2025
Boaz Kahana Student Poster Award, Gerontological Society of America	2024
Steve Duck New Scholars Award, International Association for Relationship Research	2024
Student Travel Award, Gerontological Society of America	2022–2023

University Awards and Honors

UT Austin Graduate School University-Wide Continuing Fellowship	2025–2026
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UT Austin Graduate School Reimagining Professional Development Award	2025–2026
UT System Norman G. Pauling Endowed Fellowship	2025
UT Austin HDFS Professional Development Award	2021–2026
Texas Institute on Dementia, Aging and Longevity Aging Research Merit Award	2022
UT Austin Graduate Student Assembly Travel Award	2021
Fudan University Graduate Academic Scholarship	2018–2020
Fudan University Outstanding Graduate Assistant Award	2018
Fudan University Undergraduate Academic Scholarship	2014–2017

PEER-REVIEWED PUBLICATIONS

(† equal first-authorship, * student/advisee author)

1. Wen, W., **Zhou, Z.**, & Wang, M.-T. (2026). Adapting under stress: How sociocultural stress intensity and variability shape youth school engagement and internalizing symptoms. *Child Development*. Advance online publication. <https://doi.org/10.1093/chidev/aacag115>
2. **Zhou, Z.**, Shi, Z., Wang, Q., & Qu, Y. (2026). Parents' future-oriented practices and adolescents' social adjustment in Chinese urban and rural families. *Developmental Psychology*. Advance online publication. <https://doi.org/10.1037/dev0002241>
3. **Zhou, Z.**, Chen, Y.-Y., Lee, T.-H., & Qu, Y. (2026). Parent-child neural similarity and synchrony: Toward an integrative framework. *The Neuroscientist*. Advance online publication. <https://doi.org/10.1177/10738584261430317>
4. Chen, S., Yang, B., **Zhou, Z.**, Vargas, T. G., Santaularia, N. J., Adam E. K., Haase, C. M., & Qu, Y. (2026). Hippocampal volume moderates the link between racial discrimination and adolescent depressive symptoms. *Clinical Psychological Science*. Advance online publication. <https://doi.org/10.1177/21677026251409754>
5. Pei, Y., Qi, X., **Zhou, Z.**, Lou, Y., Wang, J., & Wu. B. (2026). Pain prevalence and pain management at the end of life: Regional and urban-rural differences from a national-representative survey of Chinese older adults. *The Journals of Gerontology, Series A: Medical Sciences*, 81(3), glaf282. <https://doi.org/10.1093/gerona/glaf282>
6. Yang, B., **Zhou, Z.**, Devakonda, V., Chen, B.-B., & Qu, Y. (2025). Viewing teens as responsible in family: Implications for Chinese youth's academic and social adjustment. *Child Development*, 96(6), 2257–2264. <https://doi.org/10.1111/cdev.70013>
7. Pei, Y., **Zhou, Z.**, Ge, S., Qi, X., Mao, W., & Wu. B. (2025). Kinlessness and end-of-life care quality: Does race and ethnicity matter. *The Journals of Gerontology, Series B: Social Sciences*, 80(12), gbaf183. <https://doi.org/10.1093/geronb/gbaf183>
8. **Zhou, Z.**, Gao, S.*, Richards, N. E.*, & Fingerman, K. L. (2025). Daily sleep, social encounters, and momentary loneliness in late life. *The Journals of Gerontology, Series B: Psychological Sciences*, 80(10), gbaf145. <http://doi.org/10.1093/geronb/gbaf145>

9. Shi, Z., Yang, B., **Zhou, Z.**, Haase, C. M., & Qu, Y. (2025). Prefrontal activity to negative emotions moderates the longitudinal links between parents and youth's internalizing symptoms. *Cerebral Cortex*, 35(7), bhaf170. <http://doi.org/10.1093/cercor/bhaf170>
10. Zhang, S., **Zhou, Z.**, Ng, Y. T., Muñoz, E., Li, J. J., & Fingerman, K. L. (2025). Everyday language and cognitive functioning in late life. *The Journals of Gerontology, Series B: Psychological Sciences*, 80(7), gbaf084. <http://doi.org/10.1093/geronb/gbaf084> (Special Issue on *AI-Driven Measurement in Gerontological Research*)
11. Yang, B., **Zhou, Z.**, Qu, Y., Chen, B.-B. (2025). Is there a vicious cycle between parental burnout and parent-adolescent conflict? A three-wave within-family analytic approach. *Family Process*, 64(1), e70015. <http://doi.org/10.1111/famp.70015>
12. Fingerman, K. L., **Zhou, Z.**, Haley, W. E., & Zarit, S. H. (2025). Young adult caregivers for older family members: Setting a new research agenda. *Innovation in Aging*, 9(4), igae112. <https://doi.org/10.1093/geroni/igae112> (Received an "Among Most Cited Articles" commendation)
13. Cai, T., **Zhou, Z.**, Yang, B., Wang, F., Chen, B.-B., & Qu, Y. (2025). Correlates and influences of Chinese parental communication about the COVID-19 pandemic: The moderating role of parental burnout. *Developmental Psychology*. Advance online publication. <https://doi.org/10.1037/dev0001905>
14. Yang, B., **Zhou, Z.**, Chen, Y.-Y., Devakonda, V., Cai, T., Lee, T.-H., & Qu, Y. (2025). Parental warmth buffers the negative impact of weaker fronto-striatal connectivity on early adolescents' academic achievement. *Journal of Research on Adolescence*, 35, e12949. <https://doi.org/10.1111/jora.12949>
15. **Zhou, Z.**, Birditt, K. S., Leger, K. A., & Fingerman, K. L. (2024). Daily worry, rumination, and sleep in late life. *Journal of Psychosomatic Research*, 179, 111622. <https://doi.org/10.1016/j.jpsychores.2024.111622>
16. Zhang, S., **Zhou, Z.**, Fingerman, K. L., & Birditt, K. S. (2024). Loneliness and mode of social contact in late life. *The Journals of Gerontology, Series B: Psychological Sciences*, 79(9), gbae115. <https://doi.org/10.1093/geronb/gbae115>
17. Martínez, M., Cai, T., Yang, B., **Zhou, Z.**, Shankman, S., Mittal, V., Haase, C., & Qu, Y. (2024). Depressive symptoms during the transition to adolescence: Left hippocampal volume as a marker of social context sensitivity. *Proceedings of the National Academy of Sciences*, 121(37), e2321965121. <https://doi.org/10.1073/pnas.2321965121>
18. **Zhou, Z.**, Zhang, S., Kim, Y. K., Birditt, K. S., & Fingerman, K. L. (2024). Need to belong, daily social engagement, and transient loneliness in late life. *Journal of Social and Personal Relationships*, 41(1), 115–136. <https://doi.org/10.1177/02654075231211617>
19. Cai, T., Yang, B., **Zhou, Z.**, Ip, K., Adam, E. K., Haase, C., & Qu, Y. (2024). Longitudinal association between neighborhood safety and adolescent adjustment: The moderating role of affective neural sensitivity. *Developmental Cognitive Neuroscience*, 67, 101380. <https://doi.org/10.1016/j.dcn.2024.101380>
20. Birditt, K. S., Newton, N., Turkelson, A., Polenick, C., **Zhou, Z.**, & Fingerman, K. L. (2024). Daily rumination among older men and women: The role of perceived family and non-family social partner life stress. *The Journals of Gerontology, Series B: Psychological Sciences*. 79(5), gbae027. <https://doi.org/10.1093/geronb/gbae027>

21. Devakonda, V.[†], **Zhou, Z.**[†], Yang, B., & Qu, Y. (2024). Neural reward anticipation moderates longitudinal relation between parents' familism values and Latinx American youth's school disengagement. *Journal of Cognitive Neuroscience*, 36(5), 962–977.
https://doi.org/10.1162/jocn_a_02113
22. Yang, B.[†], **Zhou, Z.**[†], Devakonda, V., & Qu, Y. (2024). The role of neural reward sensitivity in the longitudinal relations between parents' familism values and Latinx American youth's prosocial behaviors. *Developmental Cognitive Neuroscience*, 66, 101343.
<https://doi.org/10.1016/j.dcn.2024.101343>
23. Fingerman, K. L., **Zhou, Z.**, & Gao, S. (2024). Intergenerational ties in late life. *Current Opinions in Psychology*, 55, 101743. <https://doi.org/10.1016/j.copsyc.2023.101743>
24. Fingerman, K. L., **Zhou, Z.**, Huo, M., Luong, G., & Birditt, K. S. (2024). Enduring bonds: Duration and contact in close relationships in late life. *The Gerontologist*, 64(4), gnad091.
<https://doi.org/10.1093/geront/gnad091>
25. **Zhou, Z.**, Chen, Y.-Y., Yang, B., Qu, Y., & Lee, T.-H. (2023). Family cohesion moderates the relation between parent-child neural connectivity pattern similarity and youth's emotional adjustment. *Journal of Neuroscience*, 43(33), 5936–5943.
<https://doi.org/10.1523/JNEUROSCI.0349-23.2023> (Selected as “Featured Research” and highlighted in “This Week in The Journal”)
26. Yang, B., Anderson, Z., **Zhou, Z.**, Liu, S., Haase, C. M., & Qu, Y. (2023). The longitudinal role of family conflict and neural reward sensitivity in youth's internalizing symptoms. *Social Cognitive and Affective Neuroscience*, 18(1), nsad037. <https://doi.org/10.1093/scan/nsad037>
27. **Zhou, Z.**, Shi, Z., Qu, Y., & Li, X. (2023). Parents' self-development socialization goals and Chinese adolescents' academic motivation: The mediating role of parents' autonomy support. *Journal of Youth and Adolescence*, 52, 1887–1901. <https://doi.org/10.1007/s10964-023-01797-4>
28. Qu, Y., **Zhou, Z.**, & Lee, T.-H. (2023). Parent-child neural similarity: Measurements, antecedents, and consequences. *Frontiers in Cognition*, 2, 1113082.
<https://doi.org/10.3389/fcogn.2023.1113082> (Special Issue on *Rising Stars in Cognition*)
29. **Zhou, Z.**, Qu, Y., & Li, X. (2022). Parental collectivism goals and Chinese adolescents' prosocial behaviors: The mediating role of authoritative parenting. *Journal of Youth and Adolescence*, 51(4), 766–779. <https://doi.org/10.1007/s10964-022-01579-4>
30. **Zhou, Z.**, Li, M., Wu, J., & Li, X. (2021). Differential associations between parents' versus children's perceptions of parental socialization goals and Chinese adolescent depressive symptoms. *Frontiers in Psychology*, 12, 681940. <https://doi.org/10.3389/fpsyg.2021.681940> (Special Issue on *Similarities and Discrepancies Across Family Members at Multiple Levels: Insights from Behavior, Psychophysiology, and Neuroimaging*)

NON-ACADEMIC PUBLICATIONS

- Fingerman, K., **Zhou, Z.**, Haley, W. E., & Zarit, S. H. (2025). Advancing a new research and policy agenda for young adult caregivers of older family members. *CAPS Research Brief*, 4(1).
<https://doi.org/10.26153/tsw/60812>

WORK UNDER REVIEW

Shi, Z., **Zhou, Z.**, Wang, Q., & Qu, Y. (revise and resubmit). Socializing effort by parents, peers, and teachers: Implications for adolescents' positive academic development in urban and rural China.

Fingerman, K. L., Gao, S., **Zhou, Z.**, Zhang, S., Ng, Y. T., Smith, S. J., Brown, M., Zarit, S. H., & Birditt, K. S. (revise and resubmit). Quality of life among young adult caregivers for aging family members: A cross-sectional and diary study.

Zhou, Z., Han, S. H., & Qu, Y. (under review). Early life parent–child relationship quality, current partner relationship quality, and depressive symptoms in later life.

Pei, Y., Gao, S., **Zhou, Z.**, Zeng, X., Zhang, F., Fried, T., Schulman-Green, D., Hanson, L., & Wu, B. (under review). Development and field testing of a culturally adapted decision aid intervention regarding decision-making on feeding options for Chinese American dementia caregivers.

Li, Q., Chen, Y.-Y., **Zhou, Z.**, Qu, Y., Kim-Spoon, J., & Lee, T.-H. (under review). A convergent behavioral-neural profile of parental dysregulation and the link between parent-child brain-state similarity and child negative affect.

Lee, T.-H., Chen, Y.-Y., Li, Q., Yang, B., **Zhou, Z.**, & Qu, Y. (under review). Family conflict and parent-child similarity in affective valuation.

CONFERENCE PRESENTATIONS

Zhou, Z., & Fingerman, K. L. (2026, November 7). *Forecasting daily sleep quality in late life: A machine learning approach*. Poster presentation at the 2026 Annual Scientific Meeting of Gerontological Society of America (GSA), National Harbor, MD.

Zhou, Z., Zeng, X., Zhang, W., Wu, B., & Pei, Y. (2026, November 6). *How intergenerational support is linked to psychological well-being in later adulthood: A cross-national study*. Poster presentation at the 2026 Annual Scientific Meeting of Gerontological Society of America (GSA), National Harbor, MD.

Pei, Y., Gao, S., **Zhou, Z.**, Wang, K., Peng, C., & Qi, X. (2026, November 5). *Caregiving time, caregiving strain, and well being among end of life and non–end of life caregivers*. Poster presentation at the 2026 Annual Scientific Meeting of Gerontological Society of America (GSA), National Harbor, MD.

Zhou, Z., & Fingerman, K. L. (2026, August 4). *Daily sleep and language use in late life*. Poster presentation at the 2026 Annual Conference of Society for Ambulatory Assessment (SAA), Vienna, AT.

Zhou, Z., & Fingerman, K. L. (2026, February 27). *Daily social profiles and nightly sleep in late life*. Poster presentation at the 2026 Annual Convention of the Society for Personality and Social Psychology (SPSP), Chicago, IL.

Zhou, Z., Wang, Q., & Pei, Y. (2026, February 19). *Feeding practices among Chinese American family dementia caregivers*. Poster presentation at the Southern Nursing Research Society (SNRS) 40th Annual Conference, Austin, TX.

Zhou, Z., Wang, J., Huang, J., Schulman-Green, D., Wu, B., Hanson, L., Fried, T., & Pei, Y. (2025, November 14). *Family-oriented decision making on feeding options: A case study of Chinese American dementia caregivers*. Symposium paper (Chair: Y. Pei, *Navigating Feeding Decisions in Dementia*

Care: Culturally Adapted Support for Chinese American Caregivers) at the 2025 Annual Scientific Meeting of Gerontological Society of America (GSA), Boston, MA.

Zhou, Z., Zhang, S., & Fingerman, K. L. (2025, November 14). *Daily sleep and language use in late life: A latent profile analysis approach*. Poster presentation at the 2025 Annual Scientific Meeting of Gerontological Society of America (GSA), Boston, MA.

Johnson, C., Dong, Y., Wei, W., **Zhou, Z.**, & Wang, K. (2025, November 14). *Quadratic age patterns in self-perceptions of aging: The moderating role of educational attainment*. Poster presentation at the 2025 Annual Scientific Meeting of Gerontological Society of America (GSA), Boston, MA.

Park, J., Dong, Y., **Zhou, Z.**, & Wang, K. (2025, November 14). *Internet use amplifying older adults' existing social environments and self-perception of aging*. Poster presentation at the 2025 Annual Scientific Meeting of Gerontological Society of America (GSA), Boston, MA.

Zhou, Z., & Qu, Y. (2025, April 26). *The protective role of amygdala volume in adolescent sleep problems: A longitudinal biopsychosocial perspective*. Poster presentation at the 2025 Annual Conference of Social and Affective Neuroscience Society (SANS), Chicago, IL.

Zhou, Z., & Fingerman, K. L. (2025, February 22). *Daily sleep, being alone, and momentary loneliness in late life*. Poster presentation at the 2025 Annual Convention of the Society for Personality and Social Psychology (SPSP), Denver, CO.

Zhou, Z., Gao, S., Richards, N. E., & Fingerman, K. L. (2024, November 16). *Daily sleep, social encounters, and momentary loneliness in late life*. Symposium paper (Chair: K. Van Orden, *Daily Experiences of Social Connection: Real-world Assessment Strategies to Understand Mechanisms*) at the 2024 Annual Scientific Meeting of Gerontological Society of America (GSA), Seattle, WA.

Zhou, Z., & Fingerman, K. L. (2024, November 16). *Daily sleep and emotion inertia in late life*. Poster presentation at the 2024 Annual Scientific Meeting of Gerontological Society of America (GSA), Seattle, WA.

Gao, S., **Zhou, Z.**, & Fingerman, K. L. (2024, November 13). *Life problem, daily activities, and alertness in late life*. Poster presentation at the 2024 Annual Scientific Meeting of Gerontological Society of America (GSA), Seattle, WA.

Zhou, Z., & Fingerman, K. L. (2024, August 10). *Daily sleep, social encounters quality, and mood in late life*. Symposium paper (Chair: G. Luong, *Daily Socioemotional Experiences Across Adulthood: Ties to Stress, Sleep, and Cognitive Functioning*) at the 2024 Annual Conference of American Psychological Association (APA), Seattle, WA.

Zhang, S., **Zhou, Z.**, & Fingerman, K. L. (2024, July 6). *Loneliness and mode of social contact in late life*. (Chair: A. Rauer, *Social Ties and Loneliness in Later Life*) at the 2024 Annual Conference of the International Association for Relationship Research (IARR), Boston, WA.

Zhou, Z., Birditt, K. S., Leger, K. A., & Fingerman, K. L. (2024, June 5). *Daily sleep, stressful social encounters, and mood in late life*. Symposium paper (**Chair: Z. Zhou**, *Stress and Implications for Daily Health Indicators Across Adulthood*) at the 2024 Annual Conference of Society for Ambulatory Assessment (SAA), Ann Arbor, MI.

Zhou, Z., Yang, B., Telzer, E. H., & Qu, Y. (2024, April 18). *Daily parent-child interaction affect, psychological well-being, and physical health in Chinese American adolescent-parent dyads*. Poster presentation at the 2024 Annual Meeting of Society of Research on Adolescence (SRA), Chicago, IL.

Zhou, Z., Birditt, K. S., Leger, K. A., & Fingerman, K. L. (2023, November 12). *Daily worry, rumination, and sleep in late life*. Symposium paper (Chair: S. Lee, *Dynamic Interplay between Stress and Poor Sleep and Their Consequences on Daily Well-Being*) at the 2023 Annual Scientific Meeting of Gerontological Society of America (GSA), Tampa, FL.

Zhou, Z., & Qu, Y. (2023, November 11). *Childhood parent-child relationship, partner relationship closeness, and depressive symptoms in later life*. Poster presentation at the 2023 Annual Scientific Meeting of Gerontological Society of America (GSA), Tampa, FL.

Richards, N. E., **Zhou, Z.**, & Fingerman, K. L. (2023, November 9). *Gratitude, social network qualities, and life satisfaction in late life*. Poster presentation at the 2023 Annual Scientific Meeting of Gerontological Society of America (GSA), Tampa, FL.

Yang, B., Chen, Y.-Y., **Zhou, Z.**, Devakonda, V., Lee, T.-H., & Qu, Y. (2023, September 7). *Positive parenting buffers the negative impact of weaker inhibitory control network connectivity on adolescents' school performance*. Poster presentation at the 2023 Annual Scientific Meeting of the Society for Development Cognitive Neuroscience (FLUX), Santa Rosa, CA.

Cai, T., Yang, B., **Zhou, Z.**, & Qu, Y. (2023, September 7). *Longitudinal association between neighborhood safety and adolescent health: The moderating role of affective neural sensitivity*. Poster presentation at the 2023 Annual Scientific Meeting of the Society for Development Cognitive Neuroscience (FLUX), Santa Rosa, CA.

Shi, Z., Yang, B., **Zhou, Z.**, & Qu, Y. (2023, September 7). *Ventral striatum reactivity to positive social stimuli mitigated the longitudinal effect of parental depression on youth's depression and risk taking*. Poster presentation at the 2023 Annual Scientific Meeting of the Society for Development Cognitive Neuroscience (FLUX), Santa Rosa, CA.

Zhou, Z., Birditt, K. S., Leger, K. A., & Fingerman, K. L. (2023, June 6). *Daily worry, rumination, and sleep in late life*. Paper presentation at the 2023 Annual Conference of Society for Ambulatory Assessment (SAA), Amsterdam, NL.

Chen, S., Vargas, T. G., Yang, B., **Zhou, Z.**, Adam, E. K., Haase, C. M., & Qu, Y. (2023, April 14). *Hippocampal volume moderates the link between racial discrimination and adolescent depression*. Poster presentation at the Annual Meeting of the Society of Research on Adolescence (SRA), San Diego, CA.

Yang, B., **Zhou, Z.**, & Qu, Y. (2023, April 14). *Longitudinal link between parents' familism values and Latinx American youth's prosocial behaviors: The moderating role of neural reward sensitivity*. Flash talk at the 2023 Annual Meeting of the Society of Research on Adolescence (SRA), San Diego, CA.

Devakonda, V., **Zhou, Z.**, & Qu, Y. (2023, April 14). *Longitudinal relation between parents' familism values and Latinx American youth's school disengagement: Identifying potential neural moderators*. Flash talk at the 2023 Annual Meeting of the Society of Research on Adolescence (SRA), San Diego, CA.

Yang, B., Anderson, Z., **Zhou, Z.**, Haase, C. M., & Qu, Y. (2023, March 24). *Identifying risk and protective factors of Latinx American youth's internalizing symptoms: A biopsychosocial approach*. Flash talk at the 2023 Society of Research in Child Development Biennial Meeting (SRCD), Salt Lake City, UT.

Zhou, Z., & Fingerman, K. L. (2023, February 25). *Daily anticipatory worry, stress, and rumination in late life*. Poster presentation at the 2023 Annual Convention of the Society of Personality and Social Psychology (SPSP), Atlanta, GA.

Fingerman, K. L., Zhang, S., **Zhou, Z.,** Ng, Y. T., Birditt, K., & Zarit, S. H. (2022, November 2). *Caregiving for an older relative in young adulthood*. Symposium presentation at the 2022 Annual Scientific Meeting of Gerontological Society of America (GSA), Indianapolis, IN.

Zhou, Z., & Fingerman, K. L. (2022, November 2). *Daily stress, anticipatory anxiety, rumination, and negative affect in late life*. Poster presentation at the 2022 Annual Scientific Meeting of Gerontological Society of America (GSA), Indianapolis, IN.

Yang, B., Anderson, Z., **Zhou, Z.,** Liu, S., Haase, C. M., & Qu, Y. (2022, September 8). *The unique and interactive roles of neural reward sensitivity and family conflict in predicting youth's internalizing problems: A biopsychosocial approach*. Symposium paper at the 52nd Annual Meeting of the International Society of Psychoneuroendocrinology (ISPNE), Chicago, IL.

Zhou, Z., Kim, Y. K., Zhang, S., & Fingerman, K. L. (2021, November 13). *Need to belong and social ties in late life*. Poster presentation at the 2021 Annual Scientific Meeting of Gerontological Society of America (GSA), Virtual.

INVITED PRESENTATIONS

Fingerman, K. L. & Zhou, Z. (2025, September). *Everyday language and cognitive functioning in late life*. "AI-Driven Measurement in Gerontological Research" webinar, The Gerontological Society of America.

Zhou, Z. (2024, November). *Daily sleep and psychosocial experiences in older adulthood*. Osher Lifelong Learning Institute (Olli) Group Forum, UT Austin.

Zhou, Z. (2024, April). *Daily sleep, social encounters, and momentary loneliness in late life*. The School of Human Ecology (SoHE) Advisory Council, UT Austin.

Zhou, Z. (2024, April). *Daily sleep and psychosocial experiences in older adulthood*. April speaker series, The Conservatory at North Austin.

Fingerman, K. L. & Zhou, Z. (2023, September). *Preparing NIH-funded data for public release*. The Center on Aging & Population Sciences (CAPS), UT Austin.

RESEARCH EXPERIENCES

Graduate Research Assistant 2021–2025
Department of Human Development and Family Sciences, The University of Texas at Austin

- Social Networks and Well-being in Late Life: A Study of Daily Mechanisms (R01AG046460) Funded by the National Institute on Aging, National Institutes of Health, the United States (PI: Karen L. Fingerman, PhD)
- Daily Experiences and Well-being Among Caregivers for Older Adults Experiencing Lewy Body Dementia (R01AG087118) Funded by the National Institute on Aging, National Institutes of Health, the United States (PI: Karen L. Fingerman, PhD)

- Young Adult Caregiver Study (P30AG066589) Funded by the Center for Advancing Sociodemographic and Economic Study of Alzheimer’s Disease and Related Dementias, the United States (PI: Karen L. Fingerman, PhD)
- Perceived Ethnic Discrimination and Cognitive Function in Mexican-origin Adults (R21AG078846-01A1) Funded by the National Institute on Aging, National Institutes of Health, the United States (PI: Elizabeth Muñoz, PhD)
- Pilot Testing a Culturally Adapted Decision Aid Intervention of Supporting Chinese American Dementia Caregivers in Feeding-Related Decisions (7K99AG076871-03/4R00AG076871-04) Funded by the National Institute on Aging, National Institutes of Health, the United States (PI: Yaolin Pei, PhD)

Graduate Research Assistant	2023–2024
Texas Institute on Dementia, Aging and Longevity, The University of Texas at Austin	
Research Assistant (Xiaoru Li, PhD)	2018–2020
Adolescent Mental Health and Development Lab, Fudan University	

TEACHING EXPERIENCES

Instructor of Record

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| • University of Victoria | |
| PSYC 391 Family Psychology | 2026–present |
| • The University of Texas at Austin | |
| HDF 304 Family Relationships | 2024 |

Teaching Assistant

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| • The University of Texas at Austin | |
| HDF 304H Family Relationships: Honors Section (Lisa Neff, PhD) | 2022, 2023 |
| HDF 345 Peer Relationships (Michelann Quimby, PhD) | 2021 |

Guest Lecture

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| • The University of Texas at Austin | |
| HDF 353 Longevity in 21st Century (Karen Fingerman, PhD) | 2025 |
| HDF 304 Family Relationships (Jean Choi, M.A.) | 2024 |

Research Mentor

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| • UT Austin College of Natural Sciences Undergraduate Student Research Fair | 2021, 2022 |
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EDITORIAL EXPERIENCES

Ad Hoc Reviewer

- Selected journals include: *Acta Psychologica*; *Aging and Mental Health*; *Applied Psychology: Health and Well-Being*; *Biological Psychiatry*; *Global Open Science*; *BMC Public Health*; *Cognitive, Affective, and Behavioral Neuroscience*; *Cognitive Development*; *Depression and Anxiety*; *Humanities and Social Sciences Communications*; *Innovation in Aging*; *International Journal of Health Policy and Management*; *JMIR Aging*; *Journal of Adolescence*; *Journal of Adolescent Health*; *Journal of Aging and Health*; *Journal of Cross-Cultural Psychology*; *Journal*

of Family Psychology; Journal of Medical Internet Research; Journal of Research on Adolescence; Journal of Social and Personal Relationships; Journal of Youth and Adolescence; Learning and Individual Differences; Personality and Individual Differences; Scientific Reports; The Gerontologist; The Journal of Early Adolescence; The Journals of Gerontology, Series A: Medical Sciences; The Journals of Gerontology, Series B: Psychological Sciences

PROFESSIONAL AFFILIATIONS

Canadian Psychological Association (CPA)	2026–present
Association for Psychological Science (APS)	2025–present
Social and Affective Neuroscience Society (SANS)	2025–present
American Psychological Association (APA)	2024–present
International Association for Relationship Research (IARR)	2024–present
Society for Ambulatory Assessment (SAA)	2024–present
The Society of Personality and Social Psychology (SPSP)	2022–present
Gerontological Society of America (GSA)	2021–present

SERVICE ACTIVITIES

Division 20 Executive Board Education Co-Chair, <i>APA</i>	2026–present
Emerging Scholar and Professional Organization International Taskforce Officer, <i>GSA</i>	2024, 2026
First-Generation College Students Mentoring Committee, HDFS, <i>UT Austin</i>	2022, 2023, 2025
Emerging Scholar and Professional Organization Communication Taskforce Officer, <i>GSA</i>	2025
Graduate Student Council President, <i>Texas Institute on Dementia, Aging and Longevity</i>	2024–2025
Graduate Student Council Vice-President, <i>Texas Institute on Dementia, Aging and Longevity</i>	2023–2024
Celebration and Recognition Committee, HDFS, <i>UT Austin</i>	2021, 2024
International Emerging Students and Scholars Peer Mentor, <i>GSA</i>	2023
Annual Meeting Behavioral and Social Sciences Working Group Member, <i>GSA</i>	2023
Emerging Scholar and Professional Organization Awards Review Panel Member, <i>GSA</i>	2023
Age Friendly Austin Event Volunteers, <i>The City of Austin & GSA</i>	2022

STATISTICAL SKILLS

Software: R, STATA, Mplus, Python, SPSS, AMOS, SAS

Methods: Regression Analysis (linear and nonlinear), Structural Equation Modeling, Multilevel Modeling, Mixture Modeling, Growth Curve Modeling, Machine Learning (random forest, gradient boosting, neural network-based approaches)